

# CONFINED SPACE TRAINING

## YOU'RE IN A TIGHT SPOT. OSHA SHOULDN'T BE ONE OF THEM.

Each year an estimated 2.1 million workers enter confined spaces and expose themselves to risk of injury or even fatality. OSHA has never been stricter on compliance. We can help. Ensure worker safety and compliance with OSHA Confined Space requirements with our safety training programs.



*ISTS specializes in developing and implementing programs that enhance our customer's efficiency and effectiveness as it relates to employee safety and health. Our mission is to exceed our customer's expectations by providing real value and delivering results.*

## PROPER TRAINING. PREPARED WORKERS. PROVEN RESULTS.

We offer comprehensive safety training for working with confined spaces to ensure compliance with 29 CFR 1910.146. Training is customized for entrants, attendants, supervisors, rescuers, and emergency response teams. Courses are designed for in-class and hands-on learning and range from 4 hours to 24 hours, depending on the role. Content includes:

- ◆ Hazards, including mode, symptoms, and exposure
- ◆ Equipment, including personal protective equipment (PPE)
- ◆ Communication and evacuation procedures
- ◆ Lockout/tagout procedures
- ◆ Confined space rescue equipment and procedures
- ◆ Actions when unauthorized entrants approach or enter a permit space
- ◆ Entry permit and verification process
- ◆ Confined Space Regulation and Pre-Incident Planning
- ◆ Ventilating Confined Spaces
- ◆ Confined Space Management System & Retrieval Systems
- ◆ Emergency Trench Operations (Awareness Only)

Annual Refresher (at least 8 hours) required for Rescuers

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MANAGEABLE.™**



**Industrial Safety  
& Training Services**

TO SCHEDULE OR FOR MORE INFORMATION  
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